



COMMUNITY RESOURCE GUIDE FOR IMMIGRANTS

*“Rarely, if ever, are any of us healed in isolation.
Healing is an act of communion.”
— bell hooks*

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EYES ON ICE

Stay up to date on ICE sightings in your area through social media or text alerts.

NORTHWEST SIDE RAPID RESPONSE TEAM

[Instagram](#) | [Facebook](#) – Spanish & English

SOUTHWEST RAPID RESPONSE TEAM

[Instagram](#) | [Facebook](#) – Spanish & English

SOUTHEAST SIDE RAPID RESPONSE TEAM

[Instagram](#) | [Facebook](#) – Spanish & English

CHICAGO FAR SOUTH SIDE RAPID RESPONSE

[Instagram](#) | [Facebook](#) – Spanish & English

BERWYN-CICERO RAPID RAPID RESPONSE NETWORK

[Instagram](#) | [Facebook](#) – Spanish & English

AURORA RAPID RESPONSE TEAM

[Instagram](#) | [Facebook](#) – Spanish & English

ILLINOIS EYES ON ICE – ICIRR'S TEXT NETWORK

[Web Form](#) – English

PUÑO – PILSEN UNIDOS POR NUESTRO ORGULLO

[Website](#) | [Instagram](#)

ONE NORTHSIDE

[Website](#) – English

WHO'S WHO

- **IMRR – CITY OF CHICAGO'S OFFICE OF IMMIGRANT, MIGRANT, AND REFUGEE RIGHTS**

- Chicago city services, protections for immigrants, and resources
- [Main Website](#)
- **Know Your Rights Hub: [Illinois Immigration Information Hub](#)** (available in various languages)
- **Contact:** imrr@cityofchicago.org

- **ICIRR – ILLINOIS COALITION FOR IMMIGRANT & REFUGEE RIGHTS**

- Founded in 1986, ICIRR advocates legally for immigrants in Illinois. Can connect people to other organizations to help immigrants apply for healthcare, SNAP, register to vote, keep up to date with immigration policies, access higher education, and provide legal referrals.
- **Family Support Network (FSN) and hotline:** 855-435-7693, [webpage](#)
- **Contact:** 312-332-7360, info@icirr.org

- **NIJC – NATIONAL IMMIGRANT JUSTICE CENTER**

- Founded in 1984 as the Midwest Immigrant Rights Center. Located in Chicago. Provides pro-bono legal services for immigrants and their loved ones.
- [Main Website](#)
- **Contacts:**
 - **Citizenship, permanent residence, visas, DACA, DREAMers, victims of human trafficking:** 312-660-1370 (Tuesday, Wednesday, and Thursday from 8:30-4:30 pm)
 - **Asylum seekers:** 312-660-1328
 - **Family members of detained immigrants:** 773-672-6599 (Tuesdays from 11:00 am – 2:00 pm)
 - **Detained immigrants:** 312-583-9721

- **LGBTQ Immigrants:**
lgbtimmigrants@immigrantjustice.org or 312-660-1328 if seeking asylum
- **Unaccompanied Immigrant Children:** 312-660-1331
(Wednesdays from 2:00 pm – 4:00 pm)
- **Immigration Court Helpdesk (ICH) Hotline:** 312-660-1328

TRP – THE RESURRECTION PROJECT

- Founded in 1990 in Pilsen, Chicago. They now work throughout Chicago and the state of Illinois. Focuses on creating community ownership, wealth, and assets. Help families build financial security and connect them to health, education, legal, domestic violence, and housing services.
- [Main Website](#)
- **TRP Immigrant Justice:** [Immigration Justice Legal Clinic](#)
- **Contact:** 312-666-1323, info@resurrectionproject.org

ILRC – IMMIGRANT LEGAL RESOURCE CENTER

- Founded in 1979 as the Golden Gate Immigration Clinic. Based in San Francisco. Work with and educate immigrants, community organizations, and legal workers. Does not provide direct legal services, but can provide options.
- [Main Website](#)

A2J – ILLINOIS ACCESS TO JUSTICE

- Group of 59 justice partners that provide legal aid in the state of Illinois. They fight incarceration and detention in marginalized communities. Deal with criminal, civil, administrative, and immigration matters.
- [Main Website](#)
- **Contact:** Tanya D. Woods, Esq. tanya@westsidejustice.org or Ere Rendon erendon@resurrectionproject.org

ICDI – ILLINOIS COMMUNITY FOR DISPLACED IMMIGRANTS

- Founded in 2007 to help detained immigrants access spiritual care. Advocate for basic human rights for all.

Provide essential goods, housing, and case management.
Located in Chicago.

- [Main Website](#)
- **Contact:** 708-297-4065, [email form](#)

ACLU ILLINOIS – AMERICAN CIVIL LIBERTIES UNION OF ILLINOIS

- Founded in 1926. Protects freedom, liberty, equality, and justice through litigation, lobbying, and education.
- [Main Website](#)
- **Contact:** 312-201-9740, acluofillinois@aclu-il.org

OCAD – ORGANIZED COMMUNITIES AGAINST DEPORTATIONS

- OCAD is an undocumented-led group whose mission is to organize against the deportation, detention, criminalization, and incarceration of Black, brown, and immigrant communities in Chicago and surrounding areas.
- **Contact:** [Web Form](#), Deportation Support: 1-855-435-7693

NEED A HAND(OUT)

- **KNOW YOUR RIGHTS – RED CARDS**

- **ILRC** [Amharic](#) | [Arabic](#) | [Armenian](#) | [Bangla](#) | [Bosnian](#) | [Burmese](#) | [Cantonese](#) | [Cape Verdean Creole](#) | [Chinese](#) | [Chinese \(Simplified\)](#) | [Dari](#) | [English](#) | [Farsi](#) | [French](#) | [Georgian](#) | [Greek](#) | [Hausa](#) | [Haitian Creole](#) | [Hebrew](#) | [Hindi](#) | [Hmong](#) | [Igbo](#) | [Japanese](#) | [Karen](#) | [Khmer](#) | [Kinyarwanda](#) | [Korean](#) | [Lao](#) | [Lingala](#) | [Mongolian](#) | [Nahuatl](#) | [Nepali](#) | [Oromo](#) | [Pashto](#) | [Polish](#) | [Portuguese](#) | [Punjabi](#) | [Romanian](#) | [Russian](#) | [Somali](#) | [Spanish](#) | [Swahili](#) | [Tagalog](#) | [Tamil](#) | [Thai](#) | [Tigrinya](#) | [Tsotsil](#) | [Turkish](#) | [Ukrainian](#) | [Urdu](#) | [Vietnamese](#) | [Yoruba](#)

- **KNOW YOUR RIGHTS – FLYERS**

- **ILRC** [English](#) | [Spanish](#)
- **IMRR** [English](#) | [Spanish](#) | [Arabic](#) | [Chinese](#) | [Dari / Farsi](#) | [French](#) | [Gujarati](#) | [Haitian Creole](#) | [Hindi](#) | [Korean](#) | [Polish](#) | [Pashto](#) | [Russian](#) | [Vietnamese](#) | [Ukrainian](#) | [Urdu](#)
- **ICIRR** [English](#) | [Chinese](#) | [French](#) | [Haitian Creole](#) | [Hindi](#) | [Korean](#) | [Polish](#) | [Quechua](#) | [Russian](#) | [Spanish](#) | [Ukrainian](#) | [Urdu](#) | [Vietnamese](#)

- **KNOW YOUR RIGHTS – RESOURCE GUIDES (LONG-FORM)**

- **IMRR** [English](#) | [Spanish](#) | [French](#) | [Simplified Chinese](#) | [Ukrainian](#) | [Haitian Creole](#)
- **ACLU** [English](#) | [Spanish](#)

- **KNOW YOUR RIGHTS – WALLET-SIZED CARD**

- **ICIRR** [Arabic](#) | [Chinese](#) | [French](#) | [Haitian Creole](#) | [Hindi](#) | [Korean](#) | [Polish](#) | [Quechua](#) | [Russian](#) | [Spanish](#) | [Ukrainian](#) | [Urdu](#) | [Vietnamese](#)
- **IMRR** [English](#) | [Spanish](#) | [Arabic](#) | [Chinese](#) | [Dari / Farsi](#) | [French](#) | [Gujarati](#) | [Haitian Creole](#) | [Hindi](#) | [Korean](#) | [Polish](#) | [Pashto](#) | [Russian](#) | [Vietnamese](#) | [Ukrainian](#) | [Urdu](#)

- **KNOW YOUR RIGHTS – DOOR SIGN FOR BUSINESSES**

- **A2J** [English](#) | [Spanish](#)

KNOW YOUR RIGHTS AT COURT

- **ICIRR** [English](#) | [Spanish](#)
- **TRP** [English](#) | [Spanish](#)

KYR LAW ENFORCEMENT & ID REQUIREMENTS

- **TRP** [English](#) | [Spanish](#)
- **ACLU** [English](#)

KYR AT WORK

- **ICIRR** [English](#) | [Spanish](#)
- **A2J** – [English & Spanish](#)

KYR AT PROTESTS

- **ICIRR** [English](#) | [Spanish](#)
- **ACLU** [English](#)

KYR WHEN YOU ENCOUNTER ICE

- **ICIRR** [English](#) | [Spanish](#)
- **NIJC** [Haitian Creole](#) | [French](#) | [Arabic](#)

KYR AT THE AIRPORT

- **ACLU** [English](#)

KYR AT SCHOOL

- **ACLU** [English](#)

KYR FOR PEOPLE WITH DISABILITIES

- **ACCESS LIVING** [English](#) | [Spanish](#)

KYR IF YOU ARE DETAINED

- **NIJC** [English](#) | [Spanish](#) | [Arabic](#) | [French](#) | [Haitian Creole](#)

MANUAL FOR DETENTION, DEPORTATION, AND DEFENSES UNDER U.S. IMMIGRATION LAW

- **NIJC** [English](#) | [Spanish](#)

KYR AVOID IMMIGRATION FRAUD

- **NIJC** [English](#) | [Spanish](#)
- **IMRR** [English](#) | [Spanish](#)

KYR PROTECT YOUR ASSETS

- **TRP** [English](#) | [Spanish](#)
- **A2J** [English](#)

IMMIGRATION WORKSHOP

- **TRP** [English](#) | [Spanish](#)

LEARN ICE'S RUSES

- **Immigrant Defense Project** [English](#)

FREE WORKSHOPS, WEBINARS, & VIDEOS

- **THE RESURRECTION PROJECT – FULL LIST OF WORKSHOPS**

[Schedule an Appointment with TRP Immigrant Justice](#)

- **Know Your Rights**

Tuesdays 2 pm (English) | Thursdays 6 pm (Spanish)

- **Small Business Readiness**

Tuesdays 4 pm (English) | Wednesdays 10 am (Spanish)

- **Organizational Readiness**

Thursdays 1 pm (English)

- **Protection of Assets**

Available [upon request](#)

- **Family Preparedness Planning**

Thursdays 6 pm (Spanish & English)

ILRC – KNOW YOUR RIGHTS TRAINING

[English](#) | [Spanish](#)

IMMIGRATION WORKSHOPS

- **Services:** Legal Consultations — Preparation for Work Permit Application, Asylum Application, Upcoming Immigration Court Hearing, or I.C.E. Check-in + Referrals to other legal services
- **Pre-Screening Link** [English & Spanish](#)

WE HAVE RIGHTS – KNOW YOUR RIGHTS VIDEOS

[English](#) | [Spanish](#) | [French](#) | [Arabic](#) | [Mandarin](#) | [Haitian Creole](#) | [Russian](#) | [Urdu](#)

FAMILY PREPAREDNESS PLANS

No access to a computer or the internet? [Chicago Public Libraries](#) offer free computer use. Librarians are willing to help people use computers and print. No library card is necessary to access the internet. There is a small printing fee. Any Chicago resident can get a library card with ID and proof of residency (a piece of mail, for example). [Find a library](#) near you.

- **ILRC**

- Immigrant Preparedness Toolkit** [English](#) | [Spanish](#)

- Step-by-Step Form** [English](#) | [Spanish](#)

- Step-by-Step Form (Short Version)** [English](#) | [Spanish](#)

- **ICIRR**

- Deportation Safety Plan** [English](#) (includes sample warrants)

TRP – FILLABLE FORM

[English](#) | [Spanish](#)

LOYOLA SCHOOL OF LAW – 58-PAGE GUIDE

[English](#) | [Spanish](#)

HEALTHCARE

- **HEALTHCARE ACCESS** HANDOUT FOR UNINSURED PATIENTS

- [English](#) | [Spanish](#)

CARELINK PROGRAM

- Free service through Cook County to help cover the cost of healthcare. Anyone 19-64 can apply. Immigration status does not matter.
- **Cook County Health** [Carelink](#)

FIND A CLINIC

- ICIRR [Healthcare Resources - Interactive Map](#)
- FQHC [Find A Health Center](#)
- Illinois Association of Free and Charitable Clinics [Directory](#)

FINANCIAL ASSISTANCE FOR UNINSURED PATIENTS

- ICIRR [Charity Care Fact Sheet 08.2022](#) [English](#) | [Spanish](#)

PRO-BONO LEGAL HELP

- **ILLINOIS STATE BAR ASSOCIATION**

- [Can't Afford a Lawyer?](#)

TRP DETAINED LOVED ONE FORM

[English](#) | [Spanish](#)

- **ICIRR**

- [Private Attorney Referral List](#)
- [Detailed Illinois Immigration Services Directory](#)
- [Non-Profit Agencies Providing Free or Low-Cost Assistance](#)
- [New Americans Initiative Partner Contact List](#)

IMMIGRATION ADVOCATES NETWORK

- [National Immigration Legal Services Directory](#)

AILA – AMERICAN IMMIGRATION LAWYERS NETWORK

- [AILA's Immigration Lawyer Search](#)

LEGAL AID CHICAGO

- [Free Legal Services To People Living In Poverty](#)

ILLINOIS LEGAL AID ONLINE

- [Illinois Legal Aid Online](#)

NIJC – NATIONAL IMMIGRANT JUSTICE CENTER

- [NIJC: Immigrant Rights and Immigration Legal Services](#)

FIND YOUR FOREIGN EMBASSY & CONSULATE

- [List of Foreign Embassies and Consulates in Chicago](#)

FIND A DETAINED LOVED ONE

- ICE Website [Search Page](#)

FIND YOUR ELECTED OFFICIALS

Contacting a local alderman is a great way to find a local rapid response team.

- [Find Your Chicago Ward and Alderman](#)
- [Federal and Illinois State Elected Officials Locator](#)

FIND A NEARBY COMMUNITY CENTER

- [IDHS: List of Community Service Agencies Serving Immigrants](#)

FOR KIDS & CPS STUDENTS

- **CPS RESOURCES**

- [New Administration Guidance](#)

- **BOOKS**

- “My family has changed” [English](#)
 - “Tengo Miedo” / “I’m Afraid” [English & Spanish](#)
 - “Tengo Miedo” / “I’m Afraid” Workbook [English & Spanish](#)
 - **Chicago Public Libraries** [English](#) | [Spanish](#)

FOR PARENTS

- **GUARDIANSHIP GUIDE**

- **Chicago Volunteer Legal Services** [English & Spanish](#)
 - **ILAO** [English](#) | [Spanish](#)

- TRP [English](#) | [Spanish](#)

SHORT-TERM GUARDIANSHIP GUIDE

- ILAO [English](#) | [Spanish](#)

FOR EMPLOYERS

What To Do If ICE Comes [English](#)

Know Your Business's Rights [English](#) | [Spanish](#) | [Simplified Chinese](#)

FOR TRAVELERS

CAIR Chicago's Travelers Assistance Project

for Muslim or Muslim-Perceived Travelers [English](#)

ACLU's KYR at the airport [English](#)

Higher Ed Immigration Portal's

Travel Emergency Preparedness Plan [English](#)

Immigrants Rising's Guide for Traveling the U.S. while Undocumented [English](#) | [Spanish](#)

POLICY CHANGES

- **FREQUENTLY ASKED QUESTIONS**

[English](#)

FREE IC-RACE LAB TOOLKITS

- Mixed Status Immigrant Families in Times of Fear and Uncertainty: A Toolkit For Families [English Version](#)
- Consejos Para Familias Inmigrantes Con Miembros Indocumentados: Fuerza en Tiempos de Miedo e Incertidumbre [Spanish Version](#)

THE PEOPLE BEHIND THE RESOURCE GUIDE

Mónica S. Rexach Ortiz (She, her, ella) is a Counseling Psychology graduate student at The Chicago School, College of Professional Psychology, where she is completing a concentration in Latinx Mental Health and an internship at Trellus, a nonprofit organization that focuses on helping immigrants in Chicago's Rogers Park neighborhood. Her work centers on supporting Communities of Color to heal from the harm caused by injustices and hopes to be able to help providers support these communities through resources like this one.

Dr. Nayeli Y. Chavez-Dueñas (She, her, ella) is a psychologist, professor, and co-Director of the IC-RACE Lab (Immigration Critical Race and Cultural Equity). She has co-authored several books and journal articles. Her scholarship focuses on colorism, immigration, unaccompanied minors, and therapeutic approaches for Communities of Color. Dr. Chavez-Dueñas has earned several awards, including the 2018 American Psychological Association (APA) Distinguished Citizen Psychologist Award.

Dr. Jessica G. Perez-Chavez (She, her, ella) is a psychologist and professor. She obtained her doctorate in counseling psychology from the University of Wisconsin-Madison. She completed an APA-accredited internship at Harvard Medical School/ Cambridge Health Alliance and a postdoctoral fellowship at Rush University's Department of Psychiatry and Behavioral Sciences in trauma and reproductive health psychology. Her scholarship and research interests include trauma-informed interventions and perinatal mental health.

Dr. Hector Y. Adames (he, him, el) received his doctorate in Clinical Psychology from the APA-accredited program at Wright State University in Ohio and completed his APA predoctoral internship at Boston University School of Medicine. By training, he is a neuropsychologist and currently a Full Professor at The Chicago School, College of Professional Psychology, where he co-founded and co-directs the IC-RACE Lab. Among his many publications, Dr. Adames has authored eight books and co-developed several therapeutic frameworks, including HEART (Healing Ethno And Racial Trauma) and Keeping Radical Healing in Mind Therapeutic Approach.